



2023

October

Cornwall Central Middle School

2	3	4	5	6
Pizza Served with Salad or Veggie Sticks and Ranch Dip	Pasta Bar - Pasta Served with a choice of Marinara Sauce or Garlic & Oil / Broccoli served with Parmesan Cheese and a Dinner Roll	Beef Chili Topped with Cheese and Sour Cream Served with a Corn Bread Muffin	Vegetable Egg Rolls Served with Rice, Steamed Broccoli and Soy Sauce	Cheeseburger Deluxe on a Bun served with Lettuce and Tomato, French Fries
9	10	11	12	13
Holiday No School	Pizza Served with Salad or Veggie Sticks and Ranch Dip	Breaded Chicken Cutlet on a Bun served with Lettuce and Tomato, Carrots	Mozzarella Sticks Served with Marinara Dipping Sauce and Steamed Green Bean	Beef Hot Dog on a Bun served with French Fries
16	17	18	19	20
Pizza Served with Salad or Veggie Sticks and Ranch Dip	Chicken Caesar Salad Served with Crispy Croutons and a Fresh Baked Roll	Lasagna Roll Ups Served with Broccoli and Italian Bread	French Toast Sticks Served with Apple Sauce for Dipping Hash Brown Patty and Turkey Sausage	Cheeseburger Deluxe on a Bun served with Lettuce and Tomato, French Fries
23	24	25	26	27
Pizza Served with Salad or Veggie Sticks and Ranch Dip	Walking Taco - Seasoned Taco Meat Served with Lettuce, Tomato, Cheese, Sour cream, Chips and Rice	Homemade Macaroni and Cheese, Steamed Broccoli and a Bread Stick	Cheese Quesadilla Served with Salsa, Sour Cream, Black Beans and Corn	Crispy Chicken Tenders served with French Fries and a Dinner Roll
30	31			
Pizza Served with Salad or Veggie Sticks and Ranch Dip	Baked Potato Bar served with topping choices of Pulled Pork, Cheddar Cheese, Broccoli and Sour Cream and Dinner roll	 <p>The Food Service Department is currently hiring. For more information please call us for more information. 534-8009 x 7704</p> 		
Assorted Fruit and Milk included with all meals.	Gluten Free Options are available contact us for more information	<p>2023-2024 Lunch Meal Prices: Full Pay \$3.25 / Reduced \$0.00 / Free \$0.00</p>		

Daily Alternate Offerings ~
Assorted Salads,
Fresh Made Deli Sandwiches on
Fresh Baked Bread,
Assorted Fresh Fruits and
Vegetables



If You have any questions or would like to make restrictions on your child's meal account please contact Amy Bishopp Food Service Director at 845-534-8009 x 7704 or abishopp@cornwallschools.com

This institution is an equal opportunity provider and employer

